

## Resources for Children

Title	Description	Tips for the Reader
<a href="#"><u>Rosie Remembers Her Mommy: Forever in Her Heart</u></a> National Child Traumatic Stress Network	A simple short, illustrated story to assist children who have experienced a mother’s death. Also in video format.	Published in 2015. Available in English and Spanish.
<a href="#"><u>The Golden Sweater</u></a> New York Life Foundation	A one-minute video exploring the grief of a young boy. Also available as a downloaded PDF. Discussion guide available.	A donation is made for each download up to 175,000.
<a href="#"><u>Bereavement Resources for Children</u></a> New York Life Foundation	A compilation of articles, expert tips, personal stories and local resources for families, educators and community members.	Includes materials related to COVID-19 and lists of local and national organization that support bereaved children and their families.
<a href="#"><u>Simple Activities for Children and Adolescents in Evacuation/Shelter/Lost Power/When Play Outside Is Limited</u></a> Texas AgriLife Extension Service 4-H Program	A multi-purpose guide that suggests ways to entertain and engage children and teens during the temporary disruptions caused by disasters.	These activities have been taken from a larger publication used by Texas 4-H to support After School Programs. The lessons are set up in a “say and do” format and can be led by youth. The activities do not require any additional supplies.
<a href="#"><u>Children and Disasters</u></a> American Academy of Pediatrics	A general guide for pediatricians on the unique roles that they play in preparing for and responding to the needs of children in disasters. Includes information about a fund to support physicians caring for children after a disaster.	Updated with emerging issues and news about disaster training and education.
<a href="#"><u>Disaster Safety for Children</u></a> American Red Cross	This guide is geared toward assisting home caregivers in developing safe practices for preparing for and surviving disaster events.	Includes instructions for making a disaster kit and an evacuation plan.

<p><a href="#"><u>Children in a Disaster Tools and Resources</u></a> Centers for Disease Control</p>	<p>Advice for caregivers and materials targeted for children, including building an emergency toolkit and guidance for children with special health care needs.</p>	<p>A special section is devoted to grief and COVID-19.</p>
<p><a href="#"><u>Tips for Helping Children Cope with Hurricanes, Storms, and their Aftermath</u></a> Trauma and Grief Center, Texas Children’s Hospital</p>	<p>Although primarily geared to parents and caregivers, these materials also include resources targeted directly to children.</p>	<p>One resource focuses on how to speak with children about suicide.</p>

