

Resources for Parents and Caregivers

| Title | Description | Tips for the Reader |
|--|---|--|
| <u>Childhood Traumatic Grief: Information for Military Parents or Caregivers</u> National Child Traumatic Stress Network | This guide looks at the situations specific to military families such as prolonged deployments and serving in harm's way. | This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish. |
| <u>Childhood Traumatic Grief: Information for Parents and Caregivers</u> National Child Traumatic Stress Network | A more general guide for adults in addressing the grief of children who experience sudden or violent loss. | This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish. |
| <u>Guiding Adults in Talking to Children about Death and Attending Services</u> National Child Traumatic Stress Network | This piece turns its advice from the actual act of bereavement to the public rituals that surround death. | This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish. |
| <u>The Power of Parenting: How to Help Your Child After a Parent or Caregiver Dies</u> National Child Traumatic Stress Network | This specific guide explores the most immediate relationships of childhood, that of parents and caregivers. | This series of resources targets the specific relationships and situations of loss of life that impact children. Available in English and Spanish. |
| <u>Parent Guidelines for Helping Youth After a Mass Violence Attack</u> National Child Traumatic Stress Network | This guide distinguishes the experience of mass violence as distinct from that of other traumas. | This series of resources targets the specific relationships and situations of loss of life that impact youth. Available in English and Spanish. |
| <u>Parent Guidelines for Helping Youth after a Bombing/Tornado/Wildfire/Earthquake/Arson/Pandemic</u> National Child Traumatic Stress Network | These brief tip sheets are targeted in response to each specific type of disaster, as distinguished from general overviews. | This series of resources targets the experiences of youth who have survived weather-related or human-made disasters. Available in English and Spanish. |
| <u>Tip Sheet for Parents on Media Coverage of Hurricanes/Violence</u> National Child Traumatic Stress Network | This guide offers advice on decisions parents must make about what reporting and how much media coverage is appropriate and helpful for children and youth. | This series of resources targets the specific relationships and situations of loss of life that impact children and youth. Available in English and Spanish. |

| | | |
|--|---|--|
| <p><u>Coping with Unconfirmed Deaths: Tips for Caregivers of Children and Teens</u> National Child Traumatic Stress Network</p> | <p>The uncertainty of an unconfirmed death and the lack of regularized public rituals to acknowledge this situation are at the center of this article's guidance.</p> | <p>This series of resources targets the specific relationships and situations of loss of life that impact children and youth. Available in English and Spanish.</p> |
| <p><u>Parent Tips for Helping Adolescents/Infants and Toddlers/Pre-School Aged Children/School-Aged Children After Disasters</u> National Child Traumatic Stress Network</p> | <p>Each piece in this collection of resources is targeted to a particular developmental stage.</p> | <p>This series of resources targets the specific relationships and situations of loss of life that impact children and youth. Available in English and Spanish.</p> |
| <p><u>Your Child Is at Risk for Mental Health Issues After a Disaster</u> Centers for Disease Control</p> | <p>This brief article outlines the risks for children after a disaster and recommends coping skills.</p> | <p>This is a general introduction to ways in which disasters negatively and disproportionately harm children.</p> |
| <p><u>Children and Disasters Special Collection</u> Natural Hazards Center</p> | <p>This collection of materials includes fact sheets, tools and assessments of how location impacts the vulnerability of children.</p> | <p>These articles are brief, drawn from a variety of disciplines and are intended for a broad audience of public health practitioners, emergency managers, policy makers, journalists and others interested in the ways children are impacted by disaster.</p> |